
















The Good Companions - Adult Day Program

April — 2017 — Avril



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						 1
 2	9:30 Meet & Greet 3 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Easter Egg Crafts	 4	9:30 Meet & Greet 5 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Birthday JINGO & B-day's	9:30 Meet & Greet 6 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Sing-A-Long	 7	8
 9	9:30 Meet & Greet 10 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bean Bags & Birthday's	 11	9:30 Meet & Greet 12 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Round the World	9:30 Meet & Greet 13 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bunny in A Basket	 14	15
 16	CENTRE IS CLOSED FOR EASTER MONDAY 17	 18	9:30 Meet & Greet 19 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Lila Aranze	9:30 Meet & Greet 20 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Card BINGO	 21	22
 23/30	9:30 Meet & Greet 24 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Sing-A-Long with Joy	 25	9:30 Meet & Greet 26 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Timone Visits 1:00 pm Petanque-A-Tout	9:30 Meet & Greet 27 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Country Sunshine	 28	29



Schedule Subject to Change