



















The Good Companions - Adult Day Program

February — 2018 — Février



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Meet & Greet 1 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Horse Race Game	 2	 3
 4	9:30 Meet & Greet 5 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Deanne Vance	 6	9:30 Meet & Greet 7 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Lila Aranze & Birthdays	9:30 Meet & Greet 8 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Timone Visits 1:00 pm Be My Valentine Jingo	 9	 10
 11	9:30 Meet & Greet 12 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Baking Club	 13	9:30 Meet & Greet 14 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Valentine's Day Tea with The Rivermen	9:30 Meet & Greet 15 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bowling Club & Birthdays	 16	 17
 18	19 CENTRE IS CLOSED FOR FAMILY DAY	 20	9:30 Meet & Greet 21 10:20 am Exercise 11:00 am Chapel 12:00 pm Mardi Gras Lunch 1:00 pm The Original Trillium Dixieland Jazz	9:30 Meet & Greet 22 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm TGC Winter Olympics	 23	24
 25	9:30 Meet & Greet 26 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bingo	 27	9:30 Meet & Greet 28 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Mini Putt			

Schedule Subject to Change