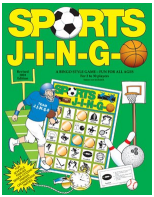









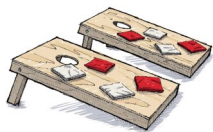







The Good Companions - Adult Day Program January — 2018 — Janvier



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	 2	9:30 Meet & Greet 3 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Sports JINGO	9:30 Meet & Greet 4 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Shuffleboard	 5	6
 7	9:30 Meet & Greet 8 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Timone Visits 1:00 pm Horse Race Game	 9	9:30 Meet & Greet 10 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Art Therapy	9:30 Meet & Greet 11 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Sing-A-Long	 12	13
 14	9:30 Meet & Greet 15 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Card Bingo	 16	9:30 Meet & Greet 17 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Sing-A-Long with Gary & Birthdays	9:30 Meet & Greet 18 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by Deanne Vance / B-days	 19	20
 21	9:30 Meet & Greet 22 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bowling	 23	9:30 Meet & Greet 24 10:20 am Exercise 11:00 am Chapel 11:30 am Rabbie Burns Lunch 1:00 pm Music by The Chords	9:30 Meet & Greet 25 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bean Bags	 26	27
 28	9:30 Meet & Greet 29 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by EIO George	 30	9:30 Meet & Greet 31 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Sing-A-Long with Gary			

Schedule Subject to Change