










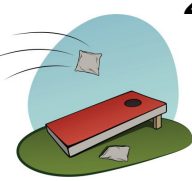






# The Good Companions - Adult Day Program

## March — 2018 — Mars



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Meet & Greet <b>1</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music Bingo	 <b>2</b>	<b>3</b>
 <b>4</b>	9:30 Meet & Greet <b>5</b> 11:00 International Women's Day Celebration 12:00 pm Lunch 1:00 pm Shuffleboard	 <b>6</b>	9:30 Meet & Greet <b>7</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Timone Visits 1:00 pm Card Bingo	9:30 Meet & Greet <b>8</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Deanne Vance	 <b>9</b>	<b>10</b>
 <b>11</b>	9:30 Meet & Greet <b>12</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by The Chords	 <b>13</b>	9:30 Meet & Greet <b>14</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Shamrock Tea-Irish Dancers	9:30 Meet & Greet <b>15</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Petanque-A-Tout & Birthdays	 <b>16</b>	 <b>17</b>
 <b>18</b>	9:30 Meet & Greet <b>19</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Springtime JINGO	 <b>20</b>	9:30 Meet & Greet <b>21</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Cumberland Sunshine Singers	9:30 Meet & Greet <b>22</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Minute to Win It Games	 <b>23</b>	<b>24</b>
 <b>25</b>	9:30 Meet & Greet <b>26</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bean Bag Toss	 <b>27</b>	9:30 Meet & Greet <b>28</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Sharps and Flats	9:30 Meet & Greet <b>29</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Ukaphonease	<b>30</b> <b>CENTRE IS CLOSED FOR GOOD FRIDAY</b>	<b>31</b> 

Schedule Subject to Change