
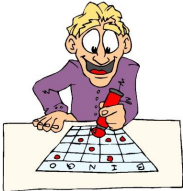
















The Good Companions - Adult Day Program

May — 2018 — Mai



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 1	2 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by The Chords	3 9:30 Meet & Greet 10:20 am Exercise 11:00 am Lunch 11:30 am Lunch 12:30pm Brain Games 1:00 pm Card Bingo	 4	5
 6	7 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Deanne Vance	 8	9 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 12:00 Spring Fling Lunch 1:00 pm Music by The Grey Jazz Combo Band	10 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Bean Bag Toss & Birthdays	 11	12
 13	14 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by TGC Choir	 15	16 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Cumberland Sunshine Singers & Bdays	17 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by TGC Choir	 18	19
 20 <i>Victoria Day</i>	21 CENTRE IS CLOSED FOR VICTORIA DAY	 22	23 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Royal HighTea Music by BERN	24 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm PLINKO Game	 25	26
 27	28 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Capital City Bingo	 29	30 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Sing-A-Long with Gary	31 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by The Usual Fellows	 The Good Companions <i>Supporting a Vibrant Community</i>	