

July 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <div style="border: 2px solid red; padding: 5px; text-align: center;"> Centre Closed for Canada Day </div>	3 Swedish Meatballs	4 Macaroni and Cheese	5 Chicken Teriyaki  Hair Care	6 BBQ Oktoberfest Sausage <u>Movie</u> "Back to the Future 2" (G) Foot Care 
9 Veal Parmesan	10 Curried Beef <div style="border: 1px solid orange; padding: 5px; text-align: center;"> New Member Orientation 1:00pm - 2:00pm </div>	11 Chicken Santa Fe  <div style="border: 1px solid blue; padding: 5px; text-align: center;"> Seminar 10:30am - 11:30am </div> <div style="border: 1px solid purple; padding: 5px; text-align: center;"> Dog Days of Summer Tea 1:00pm (tickets required) </div>	12 BBQ Pork Chop  Hair Care	13 Frittata <u>Movie</u> "Betsy's Wedding" (G)
16 BBQ Chicken Thighs  Massage	17 Soft Beef Taco	18 Ham Steak <div style="border: 1px solid purple; padding: 5px; text-align: center;"> <u>Day Trip</u> Kingston, ON 9:00am - 6:30pm (tickets required) </div>	19 Chicken à la King  Hair Care	20 Seafood Newburg <u>Movie</u> "The First Knight" (PG) Foot Care 
23 Chicken with Mushroom Sauce	24 BBQ Hamburgers	25 Soup and Sandwiches  <div style="border: 1px solid blue; padding: 5px; text-align: center;"> Seminar 10:30am - 11:30am </div> <div style="border: 1px solid red; padding: 5px; text-align: center;"> Christmas in July Lunch 12:00pm (tickets required) </div>	26 Quiche  Hair Care	27 Lasagna <u>*No Movie*</u>  Birthday Party Blood Pressure Clinic   Final Planning Answer Desk
30 Country Sausage	31 Meatloaf		Please Contact Front Reception to Book Any Appointments	Lunch is Served Daily from 11:30am to 1:00pm