



**The Good Companions
Seniors' Centre**
Supporting a Vibrant Community



Fall Rhapsody Lunch & Dance

Wednesday September 19th 2018

Deadline for ticket purchase is September 17

Lunch served at 12:00 pm

Menu: Mixed Greens Salad, 4 oz. Strip Loin Steak with
Shrimp Skewer, Roast Potatoes, Mixed Vegetables,
Apple Cobbler, Coffee and Tea

Entertainment start at 1pm
Provided by the

Rideau River Ramblers



The Good Companions - 670 Albert St.

For more info or to buy your ticket call (613) 236-0428.

Notify front reception about dietary restriction at the time you buy your ticket

Please note and respect that our centre is scent free

Parking available (\$2.50/Day)

OC Transpo routes: 8, 16, 41, 85, 86, 87, 91, 92, 94, 95, 96, 97, 98, 99