
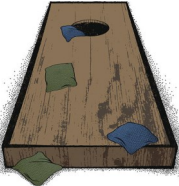






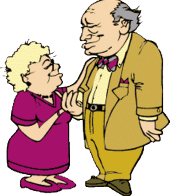











The Good Companions - Adult Day Program October — 2018 — Octobre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Meet & Greet 1 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Fall Egg Carton Wreath Art	 2	9:30 Meet & Greet 3 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bean Bag Game	9:30 Meet & Greet 4 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Entre-Nous Choir	 5	6
 7	8 THE CENTRE IS CLOSED FOR THANKSGIVING	 9	9:30 Meet & Greet 10 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Lila Aranze & Birthdays	9:30 Meet & Greet 11 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Indy Visits 1:00 pm Sing-A-Long	 12	13
 14	9:30 Meet & Greet 15 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Timone Visits 1:00 pm Halloween JINGO	 16	9:30 Meet & Greet 17 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Around the World	9:30 Meet & Greet 18 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Deanne Vance	 19	20
 21	9:30 Meet & Greet 22 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by The Chords & B-days	 23	9:30 Meet & Greet 24 10:20 am Exercise 11:00 am Chapel 12:00 pm Oktoberfest Lunch 1:00 pm Music by The International Set	9:30 Meet & Greet 25 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm WITCH BINGO	 26	27
 28	9:30 Meet & Greet 29 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Roger Fowler	 30	9:30 Meet & Greet 31 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Halloween Tea Hart Cowley & Friends			

Schedule Subject to Change