



The Good Companions - Adult Day Program

November — 2018 — Novembre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Meet & Greet 1 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Babies who Volunteer visit	2	3
4	9:30 Meet & Greet 5 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 Music by Trillium Dixieland Jazz Band	6	9:30 Meet & Greet 7 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Sing-A-Long with Gary & Birthdays	9:30 Meet & Greet 8 10:30 Remembrance Day Service 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Transportation JINGO	9	10
11	12 THE CENTRE IS CLOSED FOR REMEMBRANCE DAY	13	9:30 Meet & Greet 14 10:20 am Exercise 11:00 am Chapel 12:00pm Anniversary Lunch 1:00 pm Music by Lauren Hall	9:30 Meet & Greet 15 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Baking Club: Christmas Cookies	16	17
18	9:30 Meet & Greet 19 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Board, Dice & Card Games	20	9:30 Meet & Greet 21 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Timone Visits 1:00 pm Music by Sharps & Flats	9:30 Meet & Greet 22 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by EIO George	23	24
25	9:30 Meet & Greet 26 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Vicky & Susan Palmer	27	9:30 Meet & Greet 28 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 Card BINGO	9:30 Meet & Greet 29 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Songs You Know By Heart	30 The Good Companions <i>Supporting a Vibrant Community</i>	

Schedule Subject to Change