

November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Please Contact Front Reception to Book Any Appointments</p>	<p>Lunch is Served Daily from 11:30am to 1:00pm</p>		<p>1 Salisbury Steak</p> <p> Hair Care</p>	<p>2 Stuffed Sole</p>
<p>5 Veal with Tomato and Onion</p> <p>Legal Services </p>	<p>6 Herbed Chicken Leg</p>	<p>7 Meatloaf</p>	<p>8 Farmer Sausage</p> <p>Remembrance Day Service 10:30am Rm 142/147</p> <p> Hair Care</p>	<p>9 Turkey à la King</p> <p>Foot Care </p>
<p>12</p> <p>Centre Closed for Remembrance Day</p> <p></p>	<p>13 Pasta and Meatballs</p>	<p>14 Soup and Sandwiches</p> <p>Anniversary Lunch 12:00pm (tickets required)</p> <p>Foot Care </p>	<p>15 Spanish Omelette</p> <p> Hair Care</p>	<p>16 Fish Wedges</p>
<p>19 Chicken Breast</p> <p>Massage Therapy </p>	<p>20 Roast Pork Loin</p>	<p>21 Cabbage Roll</p> <p>Seminar: Chatting About Music 10:30am - 11:30am</p>	<p>22 Turkey Schnitzel</p> <p>Santa for Seniors 6:00pm-10:00pm (tickets required)</p> <p> Hair Care</p>	<p>23 Ham Steak</p> <p> Birthday Party</p> <p>Foot Care </p> <p> Final Planning Answer Desk</p>
<p>26 Steak and Mushroom Pie</p>	<p>27 Ham and Sweet Potato Casserole</p>	<p>28 Chicken Breast Dijon</p> <p>Foot Care </p>	<p>29 Lasagna</p> <p> Hair Care</p>	<p>30</p> <p>No Programs or Services for Bazaar Set-Up</p>