



The Good Companions - Adult Day Program February — 2019 — Fevrier



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 2
3	4 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by The Chords	5	6 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Be My Valentine JINGO	7 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by EIO George	8	9
10	11 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by Deanne Vance	12	13 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Valentine's Crafts & Cards	14 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Valentine's Day Tea	15	16
17	18 CENTRE IS CLOSED FOR FAMILY DAY	19	20 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 12:00 pm Mardi Gras Lunch 1:00 pm The Original Trillium Dixieland Band	21 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00pm Petanque-A-Tout Game	22	23
24	25 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm PLINKO	26	27 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by Sharps & Flats	28 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm CARD BINGO		

Schedule Subject to Change