










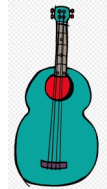




The Good Companions - Adult Day Program

March — 2019 — Mars



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
 3	4 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Mardi Gras Mask Art	 5 SHROVE TUESDAY	6 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Lila Aranze	7 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Roger Fowler	 8	9
 10	11 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Bowling & Birthday's	 12 Irish Dance!	13 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Shamrock Tea	14 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Visit by the By-Town Dogs	 15	16
 17	18 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm BINGO	 19	20 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 12:30 pm Brain Games 1:00 pm Old / Heirloom Stuff Day	21 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Music by Deanne Vance	 22	23
 24	25 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Babies Who Volunteer	 26 SPORTS J-I-N-G-O	27 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Wiggles Visits 1:00 pm Sports JINGO & Birthday's	28 9:30 Meet & Greet 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 pm Brain Games 1:00 pm Ukaphonease Sing-A-Long	 29	30



Schedule Subject to Change