

















# The Good Companions - Adult Day Program

## April — 2019 — Avril



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>April Fools Day</b> 	9:30 Meet & Greet <b>1</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by Roger Fowler	 <b>2</b>	9:30 Meet & Greet <b>3</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Card BINGO	9:30 Meet & Greet <b>4</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Sing-A-Long	 <b>5</b>	<b>6</b>
 <b>7</b>	9:30 Meet & Greet <b>8</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Leaf BINGO	 <b>9</b>	9:30 Meet & Greet <b>10</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by Side by Side & B-days	9:30 Meet & Greet <b>11</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Easter Craft: Terra Cotta Pots	 <b>12</b>	<b>13</b>
 <b>14</b>	9:30 Meet & Greet <b>15</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Arm Chair Travel to Italy	 <b>16</b>	9:30 Meet & Greet <b>17</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30 Brain Games 1:00 pm Board, Dice & Card Games	9:30 Meet & Greet <b>18</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Springtime JINGO	 <b>19</b> 	<b>20</b>
 <b>21</b>	<b>22</b> <b>CENTRE IS CLOSED FOR EASTER MONDAY</b>	 <b>23</b>	9:30 Meet & Greet <b>24</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by Around the World	9:30 Meet & Greet <b>25</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm Music by The Chords & B-day's	 <b>26</b>	<b>27</b>
 <b>28</b>	9:30 Meet & Greet <b>29</b> 10:20 am Exercise 11:00 am Chapel 11:30 am Lunch 12:30pm Brain Games 1:00 pm New Age Kurling Game	<b>30</b>				