



The Good Companions  
Seniors' Centre  
*Supporting a Vibrant Community*

# Alan P. Sentance Educational Lecture Series: **GMO x Non-GMO: Debunking The Myths**

Presented by Kyle O'Donohue CCA, P.Ag.



**Wednesday, March 27<sup>th</sup> 2019**  
**10:30—11:30am**  
**The Good Companions**

Kyle is a conventional farmer that grows NON-GMO crops and who has a cousin who is Organic and is hoping that Kyle will switch over. Kyle has spent the last 2 years researching organic farming practices and how to make the switch. He would like to share with you his perspective on both types of practices and allow you to decide where you would like to spend you food dollars. **This is a free seminar. All in the community are welcome and encouraged to attend. Please note and respect that our centre is scent free. Please register in person or call Front Reception to reserve your spot.**

**The Good Companions - 670 Albert St.**  
**Space is limited. Call 613-236-0428 or stop by our Front Reception to register.**  
**Parking available (\$2.50/day)**  
**OC Transpo routes: 8, 16, 41, 85, 86, 87, 91, 92, 94, 95, 96, 97, 98, 99.**