



Spring Fling Lunch & Dance

(licensed event with a cash bar)

Wednesday, May 15th 2019

Deadline for ticket purchase is May 7th by 3pm.

Cost: \$12

Lunch served at 12pm

Menu:

Mixed Greens Salad, Pan Seared Breast of Chicken, Fresh Herb Cream, Wild Rice, Spring Vegetables,
Strawberry Rhubarb Crisp, Coffee and Tea.

Entertainment starts at 1pm and it will be provided by
The Grey Jazz Combo Band

The Good Companions - 670 Albert St.

For more information or to buy your ticket call (613) 236-0428.

Notify Front Reception about dietary restrictions at the time you buy your ticket.

Please note and respect that our centre is scent free. Refrain for wearing any perfume or scented lotions.

Parking available (\$2.50/Day).

OC Transpo routes: 8, 16, 41, 85, 86, 87, 91, 92, 94, 95, 96, 97, 98, 99.