



Day Program Without Walls June — 2021 — Juin



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		2:00PM-2:30PM ¹ Meditation for Caregivers 	Virtual ZOOM ² 10:30AM-11:30 Chapel w/David 1:15PM-2:00PM Music with George McNaule	Virtual ZOOM ³ 10:30AM-11:30 Word Games 1:15PM-2:00PM Chapel Service w/Heather	Virtual ZOOM ⁴ 10:30AM-11:30 Conversation Starters: Dogs	
	9:45AM-10:45 ⁷ Sail BINGO Virtual ZOOM 1:15PM-2:15PM Music with Brian Loyer 	2:00PM-2:30PM ⁸ Meditation for Caregivers 	Virtual ZOOM ⁹ 10:30AM-11:30 Wackie Wordies 1:15PM-2:00PM Coffee Chat: Jamaican Coffee	Virtual ZOOM ¹⁰ 10:30AM-11:30 Tai Chi Exercise with Robert D. 1:15PM-2:00PM Just Joking	Virtual ZOOM ¹¹ 10:30AM-11:30 Sing-A-Long with Mary Sue	
	9:45AM-10:30 ¹⁴ Chapel Service w/Neil Wallace Virtual ZOOM 1:15PM-2:15PM Chair Exercise	2:00PM-2:30PM ¹⁵ Meditation for Caregivers 	Virtual ZOOM ¹⁶ 10:30AM-11:30 Sing with Gary 1:15PM-2:00PM Conversation Starters: Golf	Virtual ZOOM ¹⁷ 10:30AM-11:30 Welcome Summer with Arlene Quinn 1:15PM-2:00PM Have you Ever?	Virtual ZOOM ¹⁸ 12:30PM-2:00 Father's Day BINGO	
	9:45AM-10:30 ²¹ Music with George McNaule Virtual ZOOM 1:15PM-2:15PM Birthday Party 	2:00PM-3:00PM ²² Caregiver Meditation & Workshop 	Virtual ZOOM ²³ 10:30AM-11:30 Music with Harvey Rule 1:15PM-2:00PM Finish the Lines	Virtual ZOOM ²⁴ 10:30AM-11:30 Music with Evelyn Greenberg 1:15PM-2:15PM Card BINGO	Virtual ZOOM ²⁵ 10:30AM-11:30 Unscramble Words	
	9:45AM-10:30 ²⁸ Chapel Service w/Neil Wallace Virtual ZOOM 1:15PM-2:45PM Road Sign BINGO 	2:00PM-2:30PM ²⁹ Meditation for Caregivers 	Virtual ZOOM ³⁰ 10:30AM-11:30 Music with Brian Loyer 1:15PM-2:00PM Celebrate Canada	STEPS TO CONNECT How do I participate in the calls? On the day and time of a chosen program, dial 613-686-1547 or 1-800-669-6180. Enter the 6-digit passcode 155113 # . Record your name or just stay on the line.		

