



Alan P. Sentance Educational Lecture Series:

Budgeting 101

Presented by Gary Rusyn,
Financial Educator at Credit Counselling Society

Thursday, August 26th 2021

11 am - 12 pm

Free Presentation Via Zoom

It is never late to learn budgeting. Gary Rusyn is back and in this presentation he will help you apply meaning to your money; set S.M.A.R.T. financial goals; understand the components of creating an effective budget; track your expenses and identify areas of change,. He will also help teach you to plan and have enough for irregular expenses, emergency savings and other fun things.

**This a free online presentation via Zoom
with an option to connect over the phone.**

All in the community are welcome and encouraged to attend.

E-mail info@thegoodcompanions.ca or Call **(613)236-0428**
to register and to get the Zoom information to connect

The Good Companions Seniors' Centre
(613) 236-0428
info@thegoodcompanions.ca