

Adult Day Program November — 2021 — Novembre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Good Companions Supporting a Vibrant Community	Charlotte Char	IN PERSON 2 10AM-2PM Virtual ZOOM 10:00AM-11:00 Wackie Words	IN PERSON 3 10AM-2PM 10:00AM-10:45 Daily Gratitude's	10AM-2PM Virtual ZOOM 10:30AM-11:30	Virtual ZOOM 10:30AM-11:30 Card Bingo	Bing 6
7	8	IN PERSON 9 10AM-2PM Virtual ZOOM 10:00AM-11:00 Chapel Service w/David Clemis	IN PERSON 10 10AM-2PM 10:00AM-10:45 Music with George McNaule	No Programs Centre is Closed REMEMBRANCE DAY Yell the forget	Virtual ZOOM 10:30AM-11:30 Hymn Sing w/Gary Palmer	13
14	15	IN PERSON 16 10AM-2PM Virtual ZOOM 10:00am-11:00 Tai-Chi Exercise	IN PERSON 17 10AM-2PM 10:00AM-11:00 Card Bingo	IN PERSON 10AM-2PM Virtual ZOOM 10:30AM-11:30 Music by Arlene Quinn	Virtual ZOOM 10:30AM-11:30 Who Gives a Hoot Bingo	HOOTS 15 25 41 47 65 4 20 44 51 74 7 18 46 61 10 22 45 53 70 12 24 31 55 72
21	ETPERIENCE 22	IN PERSON 23 10AM-2PM Virtual ZOOM 10:00am-11:00 Travelogue to Costa Rica	IN PERSON 24 10AM-2PM 10:00AM-10:45 Music with George McNaule	IN PERSON 25 10AM-2PM Virtual ZOOM Music by Dai Bassett	26 Virtual ZOOM 10:30AM-11:30 Word Mining Games	27 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
28	Heaf Collection 29	IN PERSON 30 10AM-2PM Virtual ZOOM 10:00am-11:00 Leaf Collection Bingo		STEPS TO CONNECT How do I participate in the calls? On the day and time of a chosen program, dial 613-686- 1547 or 1-800-669-6180. Enter the 6-digit passcode 155113 #. Record your name or just stay on the line.		