

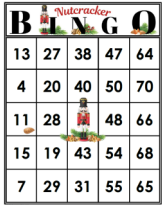












Adult Day Program December — 2021 — Décembre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>STEPS TO CONNECT</p> <p>How do I participate in the calls? On the day and time of a chosen program, dial 613-686-1547 or 1-800-669-6180. Enter the 6-digit passcode 155113 #. Record your name or just stay on the line.</p>			<p>IN PERSON 1 10:00AM-2:00</p> <p>10:00AM-10:45 Music with George McNaule</p>	<p>IN PERSON 2 10:00AM-2:00</p> <p>10:30AM-11:30 Music with Roger Fowler</p>	<p>Virtual ZOOM 3 10:30AM-11:30 Hymn Sing w/Gary Palmer</p>	<p>4</p> 
<p>5</p> 	<p>IN PERSON 6 10:00AM-2:00</p> <p>Virtual ZOOM 1:00PM-2:00 Music Mondays</p>	<p>IN PERSON 7 10:00AM-2:00</p> <p>Virtual ZOOM 10:30AM-11:30 Christmas Bingo</p>	<p>IN PERSON 8 10:00AM-2:00</p> <p>10:00AM-10:45 Chapel Service w/Neil Wallace</p>	<p>IN PERSON 9 10:00AM-2:00</p> <p>Virtual ZOOM 10:30AM-11:30 Music with Harvey Rule</p>	<p>10</p> <p>Virtual ZOOM 10:30AM-11:30 Nutcracker BINGO</p>	<p>11</p> 
<p>12</p> 	<p>IN PERSON 13 10:00AM-2:00</p> <p>Virtual ZOOM 1:00PM-2:00 Music Mondays</p>	<p>IN PERSON 14 10:00AM-2:00</p> <p>Virtual ZOOM 10:30AM-11:30 Word Mining</p>	<p>IN PERSON 15 10:00AM-2:00</p> <p>10:00AM-10:45 Card BINGO</p>	<p>IN PERSON 16 10:00AM-2:00</p> <p>Virtual ZOOM 10:30AM-11:30 Music with Arlene Quinn</p>	<p>17</p> <p>Virtual ZOOM 10:30AM-11:30 Christmas Carols with Gary Palmer</p>	<p>18</p> 
<p>19</p> 	<p>IN PERSON 20 10:00AM-2:00</p> <p>Virtual ZOOM 1:00PM-2:00 Music Mondays</p>	<p>IN PERSON 21 10:00AM-2:00</p> <p>Virtual ZOOM 10:30AM-11:30 Chapel Service w/David Clemis</p>	<p>IN PERSON 22 10:00AM-2:00</p> <p>10:00AM-10:45 Christmas Chapel Service w/Neil & Robert</p>	<p>IN PERSON 23 10:00AM-2:00</p> <p>Virtual ZOOM 10:30AM-11:30 Music with Dai Bassett</p>	<p>24</p> <p>Centre is Closed No Programs Happy Holidays</p> 	<p>25</p> <p>Merry Christmas</p> 
<p>26</p> 	<p>27</p> <p>Centre is Closed No Programs Happy Holidays</p>	<p>28</p> <p>Centre is Closed No Programs Happy Holidays</p>	<p>29</p> <p>Centre is Closed No Programs Happy Holidays</p>	<p>30</p> <p>Centre is Closed No Programs Happy Holidays</p>	<p>31</p> <p>Centre is Closed No Programs Happy Holidays</p> 	<p>Happy New Year</p>  <p>The Good Companions Supporting a Vibrant Community</p>