













Day Program Without Walls January — 2022 — Janvier

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>2 Virtual ZOOM 3 1:00PM-2:00 Music Mondays</p>	<p>3 Virtual ZOOM 4 10:30AM-11:30 New Year's Resolutions</p>	<p>4 10:00AM-10:45 Chapel Service w/Neil Wallace</p>	<p>5 Virtual ZOOM 6 10:30AM-11:30 Wheel of Fortune</p>	<p>6 Virtual ZOOM 7 10:30AM-11:30 Card Bingo</p>	 <p>8</p>	
 <p>9 10:00AM-10:45 Daily Gratitude Virtual ZOOM 10 1:00PM-2:00 Music Mondays</p>	<p>10 Virtual ZOOM 11 10:30AM-11:30 Finish the Lines</p>	<p>11 10:00AM-10:45 Who Am I? Mystery Person</p>	<p>12 Virtual ZOOM 13 10:30AM-11:30 Flower BINGO</p>	<p>13 Virtual ZOOM 14 10:30AM-11:30 Hymn Sing with Gary Palmer</p>	 <p>15</p>	
 <p>16 10:00AM-10:45 Name that Tune Virtual ZOOM 17 1:00PM-2:00 Music Mondays</p>	<p>17 Virtual ZOOM 18 10:30AM-11:30 Word Mining</p>	<p>18 10:00AM-10:45 Card BINGO</p>	<p>19 Virtual ZOOM 20 10:30AM-11:30 Music by Arlene Quinn</p>	<p>20 Virtual ZOOM 21 10:30AM-11:30 Sing-a-Long w/Gary Palmer</p>	 <p>22</p>	
 <p>23 10:00AM-10:45 Card BINGO Virtual ZOOM 24 1:00PM-2:00 Music Mondays</p>	<p>24 Virtual ZOOM 25 10:30AM-11:30 Birthday Party</p>	<p>25 10:00AM-10:45 Robbie Burns Celebration</p>	<p>26 Virtual ZOOM 27 10:30AM-11:30 Music by Dai Bassett</p>	<p>27 Virtual ZOOM 28 10:30AM-11:30 Zebra BINGO</p>	 <p>29</p>	
 <p>30 10:00AM-10:45 Coffee Chat Virtual ZOOM 31 1:00PM-2:00 Music Mondays</p>			 <p>The Good Companions Supporting a Vibrant Community</p>	<p>STEPS TO CONNECT How do I participate in the calls? On the day and time of a chosen program, dial 613-686-1547 or 1-800-669-6180. Enter the 6-digit passcode 155113 #. Record your name or just stay on the line.</p>		