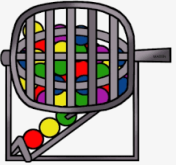














Adult Day Program May — 2022 — Mai



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1</p>	<p>2</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Music BINGO</p>	<p>3</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Curling Game</p>	<p>4</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Chapel Service w/Neil Wallace 12:00 Lunch 1:00 Art Therapy</p>	<p>5</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Cinco de Mayo 12:00 Lunch 1:00 Music by George McNaule</p>	<p>6</p> <p>9:30 Meet & Greet 10:30 Motiview Cycle 11:15 Brain Teasers 12:00 Lunch 1:00 Flower Crafts 1:30 Bean Bags</p> 	<p>7</p>
 <p>8</p>	<p>9</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Music by George McNaule</p>	<p>10</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Mother's Day Tea</p>	<p>11</p> <p>9:30 Meet & Greet 10:30 Motiview Cycle 11:15 Brain Teasers 12:00 Lunch 1:00 Bowling</p>	<p>12</p> <p>9:30 Meet & Greet 10:30 Music by Arlene Quinn 11:15 Chair Exercise 12:00 Lunch 1:00 Card BINGO</p>	<p>13</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Suzie Q Music Boots & Hearts</p> 	<p>14</p>
 <p>15</p>	<p>16</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Springtime BINGO</p>	<p>17</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Art Therapy</p>	<p>18</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Spring Lunch 1:00 Music by Dai Bassett</p>	<p>19</p> <p>9:30 Meet & Greet 10:30 Music by Roger Fowler 11:15 Brain Teasers 12:00 Lunch 1:00 Board Games</p>	<p>20</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Shuffle Board Game</p> 	<p>21</p>
 <p>22</p>	<p>23</p> <p>CENTRE IS CLOSED VICTORIA DAY</p>	<p>24</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Dabber Bingo</p>	<p>25</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:00 Sports Game JINGO</p>	<p>26</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Chapel Service w/Neil Wallace 12:00 Lunch 1:00 Art Therapy</p>	<p>27</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 1:15 Music by TGC Choir</p> 	<p>28</p>
 <p>29</p>	<p>30</p> <p>9:30 Meet & Greet 10:30 Motiview Cycle 11:15 Brain Teasers 12:00 Lunch 1:00 Art Therapy</p>	<p>31</p> <p>9:30 Meet & Greet 10:30 Chair Exercise 11:15 Brain Teasers 12:00 Lunch 12:45 Music by Dai Bassett</p> 				 <p>The Good Companions Supporting a Vibrant Community</p>