







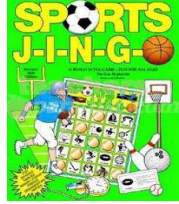





Adult Day Program

November — 2022 — Novembre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Meet/Greet 1 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Day of the Dead	9:30 Meet/Greet 2 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Forest BINGO	9:30 Meet/Greet 3 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Baking Club: Cookies	9:30 Meet/Greet 4 10:30 MotiVIEW 11:15 Brain Games 12:00 Lunch 1:00 Horseshoes	 5
 6	9:30 Meet/Greet 7 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Name that Tune	9:30 Meet/Greet 8 10:30 Music by Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Card BINGO	9:30 Meet/Greet 9 10:30 MotiVIEW 11:15 Brain Games 12:00 Lunch 1:00 Curling Game	9:30 Meet/Greet 10 10:30 Remembrance Day Service 12:00 Lunch 1:00 Remember When	11 CENTRE IS CLOSED FOR REMEMBRANCE DAY 	 12 <i>Lest we forget</i>
 13	9:30 Meet/Greet 14 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Sour Pickle Party	9:30 Meet/Greet 15 10:30 Exercise 11:30 Brain Games 12:00 Lunch 1:00 Storytelling with Mary Wiggin	9:30 Meet/Greet 16 10:30 Exercise 11:15 Brain Games 12:00 TGC Anniversary Lunch 1:00 Music by The Starry Nights	9:30 Meet/Greet 17 10:30 MotiVIEW 11:15 Brain Games 12:00 Lunch 1:00 Shuffleboard Game	9:30 Meet/Greet 18 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Sports JINGO	 19
 20	9:30 Meet/Greet 21 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Baking BINGO	9:30 Meet/Greet 22 10:30 MotiVIEW 11:15 Brain Games 12:00 Lunch 1:00 Card and Board Games	9:30 Meet/Greet 23 10:30 Exercise 11:15 Chapel with Brian J & Robert D 12:00 Lunch 1:00 Bean Bags	9:30 Meet/Greet 24 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber BINGO	9:30 Meet/Greet 25 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party, Side by Side	 26
 27	9:30 Meet/Greet 28 10:30 MotiVIEW 11:15 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet 29 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Sing-a-Long w/Gary Palmer	9:30 Meet/Greet 30 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Horse Race Track Game	