



# October 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Steak and Kidney Pie	4 Ham Steak	5 Chicken Drumsticks	6 Baked Fish with Dill Sauce	7 Soup and Sandwich
10 Centre Closed for Thanksgiving	11 Veal Cutlet	12 Pork Pepper Steak	13 Baked Chicken	14 Beef Stroganoff
17 Meatballs and Gravy	18 Greek Chicken Breast	19 Soup and Sandwich	20 Thyme Rubbed Roast Pork Loin	21 Chicken Pot Pie
24 Chicken Breast Santa Fe	25 Seafood Newburg	26 Hamburg Steak	27 Coq au Vin	28 Baked Ham
31 Veal with Mushrooms	Lunch is Served Daily from 11:30am to 1:00pm			

