







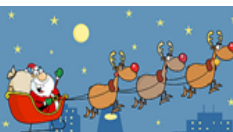



Adult Day Program

December — 2022 — Decembre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Meet/Greet ¹ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bowling	NO ADP SET UP XMAS BAZAAR ²	9:30AM-2PM ³ TGC Craft Studio Sale & Christmas Bazaar
	⁴ 9:30 Meet/Greet ⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Christmas Carols by Gary	9:30 Meet/Greet ⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by Chris Sandes Trio	9:30 Meet/Greet ⁷ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet ⁸ 10:30 Music by Arlene Quinn 11:30 Exercise 12:00 Lunch 1:00 Xmas JINGO	9:30 Meet/Greet ⁹ 10:30 Exercise 12:00 Festive Luncheon 1:00 Music by Ginette Hamilton	9:30 Meet/Greet ¹⁰ 10:30 Exercise 11:15 Brain Games 12:00 Christmas Lunch 1:00 Shuffleboard
	¹¹ 9:30 Meet/Greet ¹² 10:30 Exercise 11:00 Special Visitor 12:00 Xmas Lunch 1:00 Music by Roger	9:30 Meet/Greet ¹³ 10:30 Motiview 11:15 Brain Games 12:00 Xmas Lunch 1:00 Music with TGC Choir	9:30 Meet/Greet ¹⁴ 10:30 Exercise 11:00 Special Visitor 12:00 Xmas Lunch 1:00 Card BINGO	9:30 Meet/Greet ¹⁵ 10:30 Music by Dai Bassett 11:30 Exercise 12:00 Xmas Lunch 1:00 Special Visitor/Sing-a-Long	9:30 Meet/Greet ¹⁶ 10:30 Exercise 11:00 Special Visitor 12:00 Xmas Lunch 1:15 Birthday Party	
	¹⁸ 9:30 Meet/Greet ¹⁹ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Merry Christmas BINGO	9:30 Meet/Greet ²⁰ 10:30 Exercise 11:00 Special Visitor 12:00 Lunch 1:00 Christmas Carols with Gary	9:30 Meet/Greet ²¹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Christmas Stories	²² Holiday Break Centre is Closed	²³ Holiday Break Centre is Closed	²⁴ 
	²⁵ Holiday Break Centre is Closed	²⁶ Holiday Break Centre is Closed	²⁷ Holiday Break Centre is Closed	²⁸ Holiday Break Centre is Closed	²⁹ Holiday Break Centre is Closed	³⁰ Holiday Break Centre is Closed
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