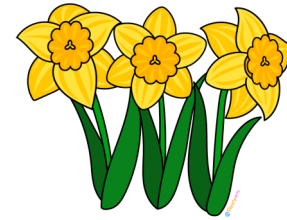












# Adult Day Program March — 2023 — Mars



( Schedule Subject to Change )

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Meet/Greet <b>1</b> 10:30 Chair Yoga 11:15 Brain Games 12:00 Lunch 1:00 Card <b>BINGO</b> 	9:30 Meet/Greet <b>2</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling	<b>No Programs Today</b> <b>3</b>	 <b>4</b>
 <b>5</b>	9:30 Meet/Greet <b>6</b> 10:30 Exercise 11:15 Chapel 12:00 Lunch 1:00 Music by Chris Sandes Trio	9:30 Meet/Greet <b>7</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Hymn Sing with Gary Palmer	9:30 Meet/Greet <b>8</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by Evelyn Greenberg	9:30 Meet/Greet <b>9</b> 10:30 Music by Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet <b>10</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Truth or Blarney?	9:30 Meet/Greet <b>11</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 March <b>BINGO</b>
 <b>12</b>	9:30 Meet/Greet <b>13</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Soccer <b>BINGO</b>	9:30 Meet/Greet <b>14</b> 10:30 Chair Yoga 11:15 Brain Games 12:00 Lunch 1:00 TGC Guitar Group	9:30 Meet/Greet <b>15</b> 10:30 Exercise 11:15 Chapel 12:00 Lunch 1:00 St. Patrick's Day Tea & Music	9:30 Meet/Greet <b>16</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Toss Game	9:30 Meet/Greet <b>17</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Irish <b>BINGO</b> 	 <b>18</b>
 <b>19</b>	9:30 Meet/Greet <b>20</b> 10:30 Exercise 11:15 Chapel 12:00 Lunch 1:00 Sing a Long with Gary Palmer	9:30 Meet/Greet <b>21</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Storytelling by Mary Wiggin	9:30 Meet/Greet <b>22</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by Roger Fowler	9:30 Meet/Greet <b>23</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Springtime <b>JINGO</b>	9:30 Meet/Greet <b>24</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 B-day Party w/George McNaule	9:30 Meet/Greet <b>25</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Curling
 <b>26</b>	9:30 Meet/Greet <b>27</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Yahtzee	9:30 Meet/Greet <b>28</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Mimosa Social Hour	9:30 Meet/Greet <b>29</b> 10:30 Brain Games 11:00 Music by Lila Aranze 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet <b>30</b> 10:30 Exercise 11:15 Brain Games 12:00 Easter Brunch 1:00 Sing-a-Long with Suzie Q	9:30 Meet/Greet <b>31</b> 10:30 Chair Yoga 11:15 Brain Games 12:00 Lunch 1:00 Petanque-a- Tout Game	