



Spring Fling Luncheon

Tuesday, May 16 2023

Deadline for ticket purchase May 12 by 3 pm

Menu

Spring Vegetable Salad,
Honey Citrus Chicken,
Herbed Rice,
Seasonal Vegetables,
Strawberry Lemon Blondie,
Coffee and Tea

Cost: \$16

Entertainment provide

Arlene Quinn

Licensed event
with a cash bar

The Good Companions - 670 Albert St. Ottawa
For more information or to buy your ticket call (613) 236-0428/ext. 2100
Notify Front reception of any dietary restriction at the time you buy your ticket

Proof of vaccination and use of mask are required in our centre

Please note and respect that our centre is scent free. Refrain for wearing any perfume or scented lotions

Parking available (\$2.50/Day) - OC Transpo: route 16 and LRT Pimisi Station