



Day Program Without Walls April — 2023 — Avril



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>STEPS TO CONNECT</p> <p>How do I participate in the calls? Dial 613-686-1547 or 1-800-669-6180. Enter the passcode 155113 # and record your name. Press 0 for assistance.</p>						
	<p>2:30 PM Mindfulness</p>	<p>2:30 PM Trivia</p>	<p>2:30 PM Card BINGO</p>	<p>2:30 PM Sing-Along</p>	<p>GOOD FRIDAY Centre Closed</p>	
	<p>EASTER MONDAY Centre Closed</p>	<p>2:30 PM Trivia</p>	<p>2:30 PM Card BINGO</p>	<p>2:30 PM Fun Facts</p>	<p>2:30 PM Brain Teasers</p>	
	<p>2:30 PM Coffee Chat</p>	<p>2:30 PM Trivia</p>	<p>2:30 PM Card BINGO</p>	<p>2:30 PM Short Stories</p>	<p>2:30 PM Brain Teasers</p>	
	<p>2:30 PM Coffee Chat</p>	<p>2:30 PM Trivia</p>	<p>2:30 PM Card BINGO</p>	<p>2:30 PM Fun Facts</p>	<p>2:30 PM Brain Teasers</p>	