












Adult Day Program June — 2023 — Juin



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																									
<p>Happy Seniors Month</p> 				<p>9:30 Meet/Greet 1 10:30 Flashback Ex 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler</p> 	2	3																									
	<p>9:30 Meet/Greet 5 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Obie Games & Ball Toss</p>	<p>9:30 Meet/Greet 6 10:30 Rock/Roll Ex 11:15 Brain Games 12:00 Lunch 1:00 Strawberry Social & Music</p>	<p>9:30 Meet/Greet 7 10:30 Fun/Easy Ex 11:15 Brain Games 12:00 Lunch 1:00 Sing-A-Long Truly Canadian</p>	<p>9:30 Meet/Greet 8 10:30 Whoga 11:15 Brain Games 12:00 Lunch 1:00 Donut Grow Old Celebration</p> 	9	<p>9:30 Meet/Greet 10 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie Games & Bean Bag Toss</p>																									
	<p>9:30 Meet/Greet 12 10:30 Flashback Ex 11:15 Brain Games 12:00 Lunch 1:00 Music by: George McNaule</p>	<p>9:30 Meet/Greet 13 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Obie Games & Bean Bag Toss</p>	<p>9:30 Meet/Greet 14 10:30 Rock/Roll Ex 11:15 Brain Games 12:00 Lunch 1:00 Musical Bingo</p>	<p>9:30 Meet/Greet 15 10:30 Fun/Easy Ex 11:15 Brain Games 12:00 Lunch 1:00 Summer JINGO</p>	<p>BINGO 16</p> <table border="1" data-bbox="1516 922 1669 1079"> <tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr> <tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr> <tr><td>2</td><td>26</td><td>★</td><td>51</td><td>67</td></tr> <tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr> <tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr> </table>	14	24	44	53	68	7	28	31	54	73	2	26	★	51	67	3	22	39	57	75	9	20	37	50	71	
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<p>HAPPY FATHER'S DAY</p> 	<p>9:30 Meet/Greet 19 10:30 Fun/Easy Ex 11:15 Chapel with Neil Wallace 12:00 Lunch 1:00 Summer Jingo</p>	<p>9:30 Meet/Greet 20 10:30 Flashback Ex. 11:15 Brain Games 12:00 Lunch 1:00 Summer Craft</p> 	<p>9:30 Meet/Greet 21 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Summer Craft</p>	<p>9:30 Meet/Greet 22 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Obie Games & Ball Toss</p>	<p>23</p> 	<p>9:30 Meet/Greet 24 10:30 Fun/Easy Exercise 11:15 Brain Games 12:00 Lunch 1:00 Summer Jingo</p>																									
	<p>9:30 Meet/Greet 26 10:30 Rock/Roll Ex 11:15 Brain Games 12:00 Lunch 1:00 Canada Day Crafts</p>	<p>9:30 Meet/Greet 27 10:30 Fun/Easy Ex 11:15 Brain Games 12:00 Lunch 1:00 Canada Day Jingo</p>	<p>9:30 Meet/Greet 28 10:30 Flashback Ex 11:15 Brain Games 12:00 Lunch 1:00 Obie Games & Bean Bag Toss</p>	<p>9:30 Meet/Greet 29 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Canada Day Crafts</p>	<p>30</p> <p><i>Happy Canada Day</i> </p>																										