



**The Good Companions  
Seniors' Centre**  
*Supporting a Vibrant Community*

# Remembrance Day Service

**Thursday, November 10<sup>th</sup> 2023  
10:30am**

**All are welcome to join us  
in a service of remembrance.  
Poppies will be available at Front Reception  
the first week of November.**



The Good Companions - 670 Albert St.  
For more informatio call (613) 236-0428

Please note and respect that our centre is scent free. Refrain for wearing any perfume or scented lotions  
Parking available (\$2.50/Day) - OC Transpo: route 16 and LRT Pimisi Station