## The Good Companions Seniors' Centre Supporting a Vibrant Community Wednesday, November 15th 2023

Notify Front Reception of any dietary restriction at the time you buy your ticket.

Entertainment starts at 1 pm, and it will be provided by **Marleen Fawcett** 

Deadline for ticket purchase is November 10 by 3 pm

The Good Companions - 670 Albert St. Ottawa For more information or to buy a ticket call (613) 236-0428/ext. 2100 Please note and respect that our centre is scent free. Refrain for wearing any perfume or scented lotions Parking available (\$2.50/Day) OC Transpo: Route 16 and LRT Pimisi Station

## Come celebrate 68 years of comradery and companionship!

## Cost: \$17

Lunch will be served at 12 pm

Menu: Mixed Greens Salad. Chicken Wellington, Rice Pilaf, Green Beans with Red Peppers, Chocolate Cheesecake, Coffee and Tea.