



Adult Day Program February— 2024— Février

(Schedule Subject to Change)



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



				9:30 Meet/Greet 1 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Tango BINGO	9:30 Meet/Greet 2 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Croquet Foam Game	
	9:30 Meet/Greet 5 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Heart BINGO	9:30 Meet/Greet 6 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by Malcolm Wade	9:30 Meet/Greet 7 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Golden Girls Roses BINGO	9:30 Meet/Greet 8 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Sing-a-Long w/Gary Palmer	9:30 Meet/Greet 9 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy	9:30 Meet/Greet 10 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bags
	9:30 Meet/Greet 12 10:30 Music by Arlene Quinn 11:15 Brain Games 12:00 Lunch 1:00 Exercise	9:30 Meet/Greet 13 10:30 Exercise 11:30 Chapel with Neil Wallace 12:00 Lunch 1:00 Heart Crafts 	9:30 Meet/Greet 14 10:30 Exercise 11:20 Card Exchange 12:00 Lunch 1:00 Valentine's Day Tea & Music	9:30 Meet/Greet 15 10:30 Exercise 11:30 Brain Games 12:00 Lunch 1:00 Obie Games	9:30 Meet/Greet 16 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber BINGO	
	Family Day No Program Centre is Closed	9:30 Meet/Greet 20 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Sing-a-Long w/Gary Palmer	9:30 Meet/Greet 21 10:30 Exercise 11:15 Brain Games 12:00 Mardi Gras Lunch & Trillium Dixieland Jazz Band	9:30 Meet/Greet 22 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy	9:30 Meet/Greet 23 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Birthday Party & Music	9:30 Meet/Greet 24 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy
	9:30 Meet/Greet 26 10:30 Motiview 11:30 Chapel with Neil Wallace 12:00 Lunch 1:00 Music by Gary	9:30 Meet/Greet 27 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Valentine's Day JINGO	9:30 Meet/Greet 28 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by Evelyn Greenberg	9:30 Meet/Greet 29 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Leap Year Tea & Music	 <p>It's a Leap Year!</p>	 <p>The Good Companions Supporting a Vibrant Community</p>