



Adult Day Program March— 2024— Mars

(Schedule Subject to Change)



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					Centre is Closed for Staff Training 	
	3 9:30 Meet/Greet 4 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Shamrock Shenanigans by George McNaule	5 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Magazine Scavenger Hunt	6 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Crazy about Crafts Day	7 9:30 Meet/Greet 10:30 Exercise 11:30 Chapel with Ruth Jacobs 12:00 Lunch 1:00 Sing Out With Gary	8 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 March Card Bingo	9 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Happy Birthday JINGO
	10 9:30 Meet/Greet 11 10:30 Exercise 11:30 Chapel with Neil Wallace 12:00 Lunch 1:00 Bowling	12 9:30 Meet/Greet 10:30 Music by Arlene Quinn 11:30 Exercise 12:00 Lunch 1:00 Oscars Bingo	13 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 St. Patty's Tea Ottawa Irish Dance	14 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Shamrock Cookie Baking Day	15 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Shuffleboard Game	
	17 9:30 Meet/Greet 18 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Sing-a-Long by Gary Palmer	19 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Guitar Group	20 9:30 Meet/Greet 10:30 Exercise 11:00 Music by Lila Aranze 12:00 Lunch 1:00 Card Bingo	21 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by Roger Fowler	22 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Birthday Party & Music	23 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Rainbow Crafts
24/31 	25 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Springtime Bingo	26 9:30 Meet/Greet 10:30 Exercise 11:30 Chapel with Neil Wallace 12:00 Lunch 1:00 Art Gallery	27 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Easter Brunch 1:00 Easter Egg Decorating	28 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Irish Jig by George McNaule	Centre is Closed for Good Friday 	30 Supporting a Vibrant Community

