
















Adult Day Program July — 2024 — Juillet

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Centre Closed 1 for Canada Day <i>Happy Canada Day!</i> 	9:30 Meet/Greet 2 10:30 Music by: Brent Meidinger 11:30 Brain Games 12:00 Lunch 1:00 Canada Day Bingo	9:30 Meet/Greet 3 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Board/Card Games Day	9:30 Meet/Greet 4 10:30 Music by: Malcom Wade 11:30 Brain Games 12:00 Lunch 1:00 Kurling	9:30 Meet/Greet 5 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling	
	9:30 Meet/Greet 8 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Summertime Bingo	9:30 Meet/Greet 9 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Beach Party Social with The Chords	9:30 Meet/Greet 10 10:30 Music by: Lila Arnaze 11:30 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet 11 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Prices Game Then & Now	9:30 Meet/Greet 12 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Sing-a-Long & Art Therapy	 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Parks Bingo
	9:30 Meet/Greet 15 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Shuffleboard	9:30 Meet/Greet 16 10:30 Music by; Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Spa Day	9:30 Meet/Greet 17 10:15 Day Care Visit & Obie Games 11:30 Brain Games 12:00 Lunch 1:00 Bean Bags	9:30 Meet/Greet 18 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	9:30 Meet/Greet 19 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	
	9:30 Meet/Greet 22 10:30 Exercise 11:30 Chapel/Ruth 12:00 Lunch 1:00 Music by: Brian Loyer	9:30 Meet/Greet 23 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Guess Who Game?	9:30 Meet/Greet 24 10:30 Motiview 11:15 Brain Games 12:00 Christmas in July Lunch 1:00 Music by: Marleen Fawcett	9:30 Meet/Greet 25 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Summer Fun Jingo	9:30 Meet/Greet 26 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Birthday Party Music/Side by Side	 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Mini Putt
	9:30 Meet/Greet 29 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Storytelling by: Mary Wiggins	9:30 Meet/Greet 30 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Painting Summer Scenes	9:30 Meet/Greet 31 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Paris Bingo			 <i>Supporting a Vibrant Community</i>