

















# Adult Day Program August — 2024 — Août



( Schedule Subject to Change )

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Meet/Greet <sup>1</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Olympics Tea	9:30 Meet/Greet <sup>2</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bingo	 <sup>3</sup>
 <sup>4</sup>	<b>Centre Closed Civic Holiday</b> <sup>5</sup> 	9:30 Meet/Greet <sup>6</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Brian Loyer	9:30 Meet/Greet <sup>7</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Travelogue with Monty to the Himalayas	9:30 Meet/Greet <sup>8</sup> 10:30 Motiview 11:30 Chapel/Brian 12:00 Lunch 1:00 Mini Putt	9:30 Meet/Greet <sup>9</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	 <sup>10</sup> 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Sing a Long
 <sup>11</sup>	9:30 Meet/Greet <sup>12</sup> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Under the Sea - Bingo	9:30 Meet/Greet <sup>13</sup> 10:30 Exercise 11:30 Brain Games 12:00 Lunch 1:00 The Zoo Crew	9:30 Meet/Greet <sup>14</sup> 10:15 Daycare Visit & Obie Games 11:15 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet <sup>15</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Russell Levia	<sup>16</sup> 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bags	 <sup>17</sup>
 <sup>18</sup>	9:30 Meet/Greet <sup>19</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Malcom Wade	<sup>20</sup> 9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Ruth 12:00 Lunch 1:00 Dabber Bingo	9:30 Meet/Greet <sup>21</sup> 10:30 Music by: Arlene Quinn 11:15 Brain Games 12:00 Pride BBQ 1:00 Card Bingo	9:30 Meet/Greet <sup>22</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Art Collages	9:30 Meet/Greet <sup>23</sup> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Birthday Party Music/The Riverman	 <sup>24</sup> <b>ADP Closed for Pride Celebrations</b>
 <sup>25</sup>	<sup>26</sup> 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Diesel - the Therapy Dog	<sup>27</sup> 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Gary Palmer	<sup>28</sup> 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Treasure Day	<sup>29</sup> 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Kurling	<sup>30</sup> 9:30 Meet/Greet 10:30 Exercise 11:30 Brain Games 12:00 Lunch 1:00 Bocce Ball	 <sup>31</sup> <b>The Good Companions</b> <i>Supporting a Vibrant Community</i>