


















Adult Day Program

September — 2024 — Septembre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> 	<p>2</p> <p>CENTRE CLOSED LABOUR DAY</p> 	<p>3</p> <p>9:30 Meet/Greet 10:30 Motiview 11:30 Chapel/Ruth 12:00 Lunch 1:00 Hot Air Balloon Bingo</p>	<p>4</p> <p>ADP Cancelled</p> <p>Seniors Active Living Fair & Open House 9:30 am - 2 pm</p>	<p>5</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling</p>	<p>6</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Board & Card Games</p>	<p>7</p> 
<p>8</p> 	<p>9</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bags</p>	<p>10</p> <p>9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Neil 12:00 Lunch 1:00 Fall Mason Jar Craft</p>	<p>11</p> <p>9:30 Meet/Greet 10:30 Exercise 11:00 Music by: Lila Aranze 12:00 Lunch 1:00 Shuffleboard</p>	<p>12</p> <p>9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:15 Brain Games 12:00 Lunch 1:00 Motiview</p>	<p>13</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Drive In Bingo</p>	<p>14</p>  <p>9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Kurling</p>
<p>15</p> 	<p>16</p> <p>9:30 Meet/Greet 10:30 Motiview 11:30 Chapel/Ruth 12:00 Lunch 1:00 Kurling</p>	<p>17</p> <p>9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Neil 12:00 Lunch 1:00 Storytelling with Mary Wiggin</p>	<p>18</p> <p>9:30 Meet/Greet 10:15 Daycare Visit & Bowling 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo</p>	<p>19</p> <p>9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Brian 12:00 Lunch 1:00 Board & Card Games</p>	<p>20</p> <p>9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Parachute Game</p>	<p>21</p> 
<p>22</p> 	<p>23</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Brian Loyer</p>	<p>24</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bocce Ball</p>	<p>25</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler</p>	<p>26</p> <p>9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Around the House Jingo</p>	<p>27</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Birthday Party Music/Rick Crépin</p>	<p>28</p>  <p>9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bags</p>
<p>29</p> 	<p>30</p> <p>9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 September Bingo</p>					 <p>The Good Companions</p> <p>Supporting a Vibrant Community</p>