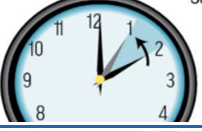



HELLO November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is Served Daily from 11:30 am to 1:00 pm				1 Beef, Macaroni and Tomatoes Fall Back Set your clocks back one hour before bed on Sunday. 
	4 Chicken Cutlet	5 Ham and Cheese Casserole	6 Sole with Dill Sauce	7 Hungarian Goulash
11 <div style="border: 2px solid red; padding: 5px; text-align: center; margin-top: 10px;">  Centre Closed for Remembrance Day </div>	12 Mediterranean Chicken Breast	13 Ham Steak	14 Soup and Sandwiches Room 015 <div style="border: 1px solid orange; padding: 5px; text-align: center; margin-top: 10px;"> 69th Anniversary Luncheon 12:00 pm (tickets required) </div>	15 Turkey à la King
18 Farmer Sausage	19 Chicken Stir Fry	20 Salisbury Steak	21 Lemon Pepper Sole	22 Swedish Meatballs Birthday Party
25 Chicken Drumsticks	26 Herbed Pork Chop	27 Veal Chasseur	28 Quiche Lorraine	29 <div style="border: 2px solid green; padding: 10px; text-align: center; margin-top: 10px;"> NO PROGRAMS NO LUNCH Bazaar set up for Tomorrow </div>