

## Adult Day Program November — 2024 — Novembre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling	The Good Companions Supporting a Vibrant Community
3	9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet <sup>5</sup> 10:30 Exercise 11:30 Chapel/Neil 12:00 Lunch 1:00 Music by: Roger Fowler	9:30 Meet/Greet 10:30 Exercise 11:00 Music by: Lila Aranze 12:00 Lunch 1:00 Travel Bingo	9:30 Meet/Greet 10:30 Remembrance Day Service 11:15 Brain Games 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Brian Loyer	9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bags
Lest We Food	Centre Closed Remembrance Day	9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Golden Girls Bingo	9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Ruth 12:00 Lunch 1:00 Horseshoes	9:30 Meet/Greet <b>14</b> 10:30 Exercise 11:15 Brain Games 12:00 69th Anniversary Lunch 1:00 Music by: The Starry Nights	9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bags	Queer Christmas Craft Fair 10am - 2pm
Came of the second seco	9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet <b>20</b> 10:30 Daycare Visit & Crafts 11:30 Brain Games 12:00 Lunch 1:00 Music by: Russell Levia	9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Brian 12:00 Lunch 1:00 Hoots Bingo	9:30 Meet/Greet 10:30 Exercise 11:30 Brain Games 12:00 Lunch 1:00 Birthday Party & Music by: Brent	9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Mini Putt
24	9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Ruth 12:00 Lunch 1:00 Shopping List Bingo	9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Winter Craft	9:30 Meet/Greet 10:30 Exercise 11:15 Chapel/David 12:00 Lunch 1:00 Storytelling by: Mary W.	9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Treasure Day	Centre Closed For Bazaar Set-Up	TGC Craft Studio Sale & Christmas Bazaar