













Adult Day Program October — 2024 — Octobre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Meet/Greet ¹ 10:30 Exercise 11:30 Chapel/Neil 12:00 Lunch 1:00 Music by: Malcom Wade	9:30 Meet/Greet ² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Mini Putt	9:30 Meet/Greet ³ 10:30 Exercise 11:30 Chapel/Brian 12:00 Lunch 1:00 Thanksgiving Jingo	9:30 Meet/Greet ⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie Games & Baking	⁵
	9:30 Meet/Greet ⁷ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	9:30 Meet/Greet ⁸ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Slideshow by: Monty/Central Asia	9:30 Meet/Greet ⁹ 10:30 Motiview 11:30 Chapel/Ruth 12:00 Lunch 1:00 New Age Kurling	9:30 Meet/Greet ¹⁰ 10:30 Motiview 11:15 Brain Games 12:00 Harvest Meal 1:00 Music by: Roxy Swan	9:30 Meet/Greet ¹¹ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Gourd Bingo	 ¹² Centre Closed (No Program)
	¹⁴ Centre Closed Happy Thanksgiving	¹⁵ 9:30 Meet/Greet 10:30 Motiview 11:30 Chapel/Neil 12:00 Lunch 1:00 Travel Bingo	9:30 Meet/Greet ¹⁶ 10:15 Daycare Visit & Board Games 11:30 Brain Games 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet ¹⁷ 10:30 Motiview 11:30 Chapel/Brian 12:00 Lunch 1:00 Music by: Brian Loyer	¹⁸ 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bowling	¹⁹
	²⁰ 9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	²¹ 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Baking Club	9:30 Meet/Greet ²³ 10:30 Exercise 11:15 Brain Games 12:00 Oktoberfest Luncheon 1:00 Music by: The International Set Duo	²⁴ 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Croquet	²⁵ 9:30 Meet/Greet 10:30 Motiview 11:30 Chapel/Ruth 12:00 Lunch 1:00 Birthday Party & Music w/Russell L	 ²⁶ 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bags
	²⁷ 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	²⁸ 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Halloween Crafts	²⁹ 9:30 Meet/Greet 10:30 Motiview 11:30 Chapel/David 12:00 Lunch 1:00 Halloween Jingo	³⁰ 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Halloween Tea with Music by Roger F	³¹ 	 Supporting a Vibrant Community