












Adult Day Program March — 2025 — Mars

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1
 <p>SHROVE TUESDAY</p>	<p>2 9:30 Meet/Greet 3 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games</p>	<p>Shrove Tuesday 4 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Russell Levia</p>	<p>Ash Wednesday 5 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Horseshoes</p>	<p>6 9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Neil 12:00 Lunch 1:00 March Bingo</p>	<p>7 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler</p>	 <p>8 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling</p>	
	<p>9 9:30 Meet/Greet 10 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Toss</p>	<p>11 9:30 Meet/Greet 10:15 Day Care Visit & Colouring/Crafts 12:00 Lunch 1:00 Motiview</p>	<p>12 9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview</p>	<p>13 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 St. Pat's Tea & Music</p>	<p>14 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Plinko 1:30 Bingo</p>		
	<p>16 St. Patrick's Day 17 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Irish Bingo</p>	<p>18 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Malcom Wade</p>	<p>19 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Spring Jingo</p>	<p>20 1st Day of Spring 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Spring Craft</p>	<p>21 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bowling</p>	 <p>22 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Mini Putt</p>	
	<p>23 9:30 Meet/Greet 24 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Brent Meidinger</p>	<p>25 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo</p>	<p>26 9:30 Meet/Greet 10:30 Exercise 11:00 Music by: Lila Aranze 12:00 Lunch 1:00 Mini Putt</p>	<p>27 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Ukaphonease</p>	<p>28 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party & Music by: Russell Levia</p>		
	<p>30 9:30 Meet/Greet 31 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Baking Cookies</p>	