













Adult Day Program April — 2025 — Avril

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April Fool's Day 1 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling	9:30 Meet/Greet ² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	9:30 Meet/Greet ³ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Flower Bingo	9:30 Meet/Greet ⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	 ⁵
 ⁶	9:30 Meet/Greet ⁷ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Malcom Wade	9:30 Meet/Greet ⁸ 10:15 Daycare Visit & Easter Crafts 11:30 Brain Games 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet ⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 April Bingo	9:30 Meet/Greet ¹⁰ 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	Centre Closed for Volunteer Recognition ¹¹	 ¹² 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game
 ¹³	9:30 Meet/Greet ¹⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Baking Easter Cookies	9:30 Meet/Greet ¹⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	9:30 Meet/Greet ¹⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Curling	9:30 Meet/Greet ¹⁷ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Board Games	Centre Closed For Good Friday ¹⁸	 ¹⁹
 ²⁰	Centre Closed for Easter Monday ²¹	9:30 Meet/Greet ²² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Merlin Bingo	9:30 Meet/Greet ²³ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet ²⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet ²⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party & Music	 ²⁶ 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling
 ²⁷	9:30 Meet/Greet ²⁸ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	9:30 Meet/Greet ²⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Mini Putt	9:30 Meet/Greet ³⁰ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Shuffle Board	