

April 2025

Adult Day Program

670 Albert Street, Ottawa, Ontario K1R6L2



Celebrating April

Passover

April 12–20

International Moment of Laughter Day

April 14

Good Friday

April 18

Easter Monday

April 21

Earth Day

April 22

Adult Day Program Staff

We are just a phone call away!

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Important Reminders

If you or your loved one will not be attending the program or if running late, please contact our front reception at **613-236-0428 ext. 2100** and they will notify the ADP staff team.

When driving your loved one to the program, please bring them into the building and wait until a Day Program staff welcomes you for a safe hand-off. When you come to pick them up, please enter the building and let a staff member know you are leaving with them. We are responsible for their care while at the program and want to ensure their safety while with us.

If you require someone else to pick up or drop off your loved one, please contact a Day Program staff with the name and phone number of the person who will be driving, either in person or by e-mail.

Statutory Holidays

The Adult Day Program will be closed on **Friday, April 18** for Good Friday, and **Monday April 21** for Easter Monday.



Centre Closed

The Centre will be closed **Friday April 11th** to celebrate the hard work and dedication of all our volunteers.



Farewell

Thank you to Emma P. for her assistance and hard work while completing their student placement with us. We are wishing her the best of luck in her continued studies and future endeavors.

Earth Day

Earth Day was first celebrated on March 21, 1970. That was the day of the spring equinox, the first day of spring in the northern hemisphere. About a month later, on April 22, 1970, Gaylord Nelson—a United States Senator from Wisconsin—organized an Earth Day celebration focused on the United States and its growing environmental problems. Canada celebrated its first Earth Day on September 11, 1980. Organized by Paul D. Tinari, a graduate student at Queen’s University. The first Canadian Earth Day officially opened with a ceremonial tree planting and included educational lectures and trash pick-up by students. It had taken 20 years, but now environmental issues were being seen as important international problems that required worldwide cooperation to solve.

Monthly Puzzle



APRIL

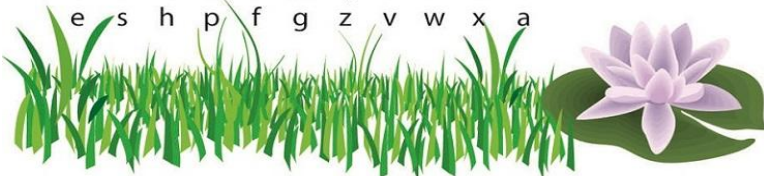
WORD SEARCH

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WORDS

- showers
- underground
- daffodil
- tulip
- bloom
- taurus
- diamond
- earth
- easter
- passover
- fool



April Birthdays

In astrology, those born between April 1–20 are Aries, the Ram. Rams are adventurous go-getters and full of enthusiasm, charm, and energy. They make dynamic pioneers and adventurers—undeterred when the going gets rough. Those born from April 20–30 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence in achieving their goals. Once goals are reached, they enjoy being rewarded, especially with beauty and peace at home.

Ed K. – April 11

Lino D. – April 27

Jayant R. – April 30



Joke of the Month

Crabby Road

4-14-11

