
















Adult Day Program May— 2025 — Mai

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Meet/Greet ¹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Shuffleboard	9:30 Meet/Greet ² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy	
 ⁴	9:30 Meet/Greet ⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Russell Levia	9:30 Meet/Greet ⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Dai Bassett	9:30 Meet/Greet ⁷ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Mother's Day High Tea & Music	9:30 Meet/Greet ⁸ 10:30 Exercise 11:30 Chapel/David 12:00 Lunch 1:00 Card Bingo	9:30 Meet/Greet ⁹ 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	 ¹⁰ 9:30 Meet/Greet 10:30 Exercise 11:15 Games Time 12:00 Lunch 1:00 Horse Shoe Game
 ¹¹	9:30 Meet/Greet ¹² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Mother's Day Bingo	9:30 Meet/Greet ¹³ 10:15 Daycare Visit & Board Games 11:30 Brain Games 12:00 Lunch 1:00 Pétanque	9:30 Meet/Greet ¹⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: The TGC Choir	9:30 Meet/Greet ¹⁵ 10:30 Exercise 11:15 Brain Games 12:00 Luncheon 1:00 Talent Showcase	9:30 Meet/Greet ¹⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	
 ¹⁸	Centre Closed for Victoria Day ¹⁹	9:30 Meet/Greet ²⁰ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 May Bingo	9:30 Meet/Greet ²¹ 10:30 Exercise 11:00 Music by: Lila Aranze 12:00 Lunch 1:00 Art Therapy	9:30 Meet/Greet ²² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	9:30 Meet/Greet ²³ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party with the TGC Choir	 ²⁴ 9:30 Meet/Greet 10:30 Exercise 11:15 Games Time 12:00 Lunch 1:00 Curling
 ²⁵	9:30 Meet/Greet ²⁶ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet ²⁷ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Story Telling w/Mary Wiggin	9:30 Meet/Greet ²⁸ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	9:30 Meet/Greet ²⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Talent & Treasure Day	9:30 Meet/Greet ³⁰ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	 ³¹ The Good Companions <i>Supporting a Vibrant Community</i>