June 2025

Adult Day Program

670 Albert St. Ottawa, ON K1R 6L2 🔆 The Good Companions

Celebrating June

Great Outdoors Month

Shavuot June 1-3

Father's Day June 15th

Juneteenth June 19th

Adult Day Program Staff We are just a phone call away! 613-236-0428

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Canada Day Celebration

Join us the week of June 23 -June 27 to acknowledge and celebrate the birth of Canada. Wear your Canada Day t-shirt, red coloured clothing or your favourite Canada Day accessory during these days.

Statutory Holiday

The Adult Day Program will be closed on **Tuesday July 1**st, **2025** for Canada Day.

Student

We would like to welcome Caprice Esmas, who is in the Social Service Worker Program at Algonquin College. They will be working with us Monday's and Tuesday's until mid-August.



June 2025

Father's Day

"Silent Strong Dad"

He never looks for praises, He's never one to boast, He just goes on quietly working, For those he loves the most.

His dreams are seldom spoken, His wants are very few, And most of the time his worries Will go unspoken too.

Word Search

Father's Day Wordsearch

Can you find the word for Father in all these different languages?

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α	r	ь	a	t	h	a	1	r	c	k	m
ь	0	t	0	s	a	n	u	w	n	u	v
ь	×	5	P	a	1	v	a	d	e	r	n
a	j	a	Ρ	9	J.	q	9	k	d	f	c
						α					

Abba (Hebrew)	Athair (Irish)	Babba (Arabic)		
Bapa (Malay)	Father (English)	Haakoro (Maori)		
Otosan (Japanese)	Pabbi (Icelandic)	Pai (Portuguese)		
Papa (Russian)	Pater (Latin)	Pere (French)		
Tata (Polish)	Tatay (Filipino)	Vader (Dutch)		

HAPPY FATHER'S DAY



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. Geminis love conversation, and they're good at it too! Witty, intellectual, curious, charming, and imaginative, they're often the life of the party. If you were born between June 22–30, that makes you a Crab of Cancer. Crabs are nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy upholding traditions.

Marcel C. – June 15th Karlene A. – June 17th Madeleine B. – June 18th Heather A. – June 26th c

Joke of the Month



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