

Hello July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Please note and respect that our centre is scent free.	1 <div>Centre Closed for Canada Day</div>	2 Broccoli Quiche	3 Chicken à la King <div>Tropical Breeze & Teacups Social 1:00 pm (tickets required)</div> Hair Care 	4 Hamburg Steak
	7 BBQ Chicken	8 Sole	9 Beef, Tomato and Macaroni  Nurse Practitioner	10 Roast Pork Loin <div>Lecture: Adding Vegetables To Your Diet 12:00 - 1:00 pm</div> Foot Care 
14 Veal with Mushrooms	15 Baked Ham	16 Soup and Sandwiches Room 019 <div>Christmas in July Luncheon 12:00 pm (tickets required)</div>	17 Seafood Newburg Foot Care 	18 Spanish Rice
21 Lemon Chicken	22 BBQ Hot Dogs	23 Beef Stroganoff <div>Day Trip Morrisburg, ON 10:00 am - 5:30 pm (tickets required)</div>	24 Turkey Cutlet Foot Care 	25 Curried Chicken  Birthday Party
28 Hamburg Steak	29 Chicken Breast with Mushrooms	30 Stuffed Sole	31 BBQ Pork Chop Foot Care 	Schedule Para Transpo pickup for no later than 3:00 pm.