










Adult Day Program July— 2025 — Juillet

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Centre Closed 1 Canada Day 	2 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	3 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Tropical Breeze & Teacups Social Marleen Fawcett	4 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Magazine Scavenger Hunt	 5
 6	7 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	8 9:30 Meet/Greet 10:30 Exercise 11:30 Brain Games 12:00 Lunch 1:00 Card Bingo	9 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	10 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Malcom Wade	11 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	 12 9:30 Meet/Greet 10:30 Exercise 11:15 Games Time 12:00 Lunch 1:00 Mini Putt
 13	14 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Story Telling by: Mary Wiggan	15 9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	16 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Christmas in July Lunch & Music by: Lauren Hall	17 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Painting Flowers	18 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Canada Bingo	 19
 20	21 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	22 9:30 Meet/Greet 10:30 Music By; Brent Meidinger 11:30 Brain Games 12:00 Lunch 1:00 Bowling	23 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music By; Brent Meidinger	24 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling	25 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party & Roger Fowler	 26 9:30 Meet/Greet 10:30 Exercise 11:15 Games Time 12:00 Lunch 1:00 Bean Bag Game
 27	28 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	29 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Russell Levia	30 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque a tout	31 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Hot Air Balloon Bingo	