





Adult Day Program

September — 2025 — Septembre



(Schedule Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Centre Closed¹ for Labour Day 	9:30 Meet/Greet ² 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	Senior Active³ Living Fair & TGC Open House ADP Cancelled	9:30 Meet/Greet ⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque Atout	Centre Closed⁵ For Staff Training ADP Cancelled	
	9:30 Meet/Greet ⁸ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Canada Bingo	9:30 Meet/Greet ⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Kurling	9:30 Meet/Greet ¹⁰ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Russell Levia	9:30 Meet/Greet ¹¹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Painting Fall Scenes	9:30 Meet/Greet ¹² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Therapeutic Paws of Canada	
	9:30 Meet/Greet ¹⁵ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	9:30 Meet/Greet ¹⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Welcome Back Tea & Music Betty Ann Bryanton	9:30 Meet/Greet ¹⁷ 10:30 Exercise 11:30 Chapel/David 12:00 Lunch 1:00 Flower Bingo	9:30 Meet/Greet ¹⁸ 10:30 Music by: Arlene Quinn 11:15 Brain Games 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet ¹⁹ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	
	9:30 Meet/Greet ²² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet ²³ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Fall Craft	9:30 Meet/Greet ²⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Storytelling by: Mary Wiggin	9:30 Meet/Greet ²⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Fall Fun Jingo	9:30 Meet/Greet ²⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Birthday Party Music/The Chords	
	9:30 Meet/Greet ²⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet ³⁰ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler				