














# Adult Day Program October — 2025 — Octobre

( Schedule Subject to Change )



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Meet/Greet <b>1</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet <b>2</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Hoots Bingo	9:30 Meet/Greet <b>3</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling	 <b>4</b>
 <b>5</b>	9:30 Meet/Greet <b>6</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Oktoberfest Music by: The Chords	9:30 Meet/Greet <b>7</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	9:30 Meet/Greet <b>8</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	9:30 Meet/Greet <b>9</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy	9:30 Meet/Greet <b>10</b> 10:30 Motiview 11:15 Brain Games 12:00 Harvest Meal Music by: The Starry Nights	 <b>11</b>
 <b>12</b>	<b>13</b> <b>Happy Thanksgiving</b> <b>Centre Closed</b>	9:30 Meet/Greet <b>14</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Story Telling by: Mary Wiggin	9:30 Meet/Greet <b>15</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Magazine Scavenger Hunt	9:30 Meet/Greet <b>16</b> 10:30 Exercise 11:30 Chapel/David 12:00 Lunch 1:00 Pétanque Atout	9:30 Meet/Greet <b>17</b> 10:30 Music by Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Art Gallery Spark Program	 <b>18</b>
 <b>19</b>	9:30 Meet/Greet <b>20</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	9:30 Meet/Greet <b>21</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Malcom Wade	9:30 Meet/Greet <b>22</b> 10:30 Motiview 11:15 Brain Games 12:00 Oktoberfest Luncheon, & Music By: Intl. Set Duo	9:30 Meet/Greet <b>23</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet <b>24</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Birthday Party Music by: Robert	 <b>25</b>
 <b>26</b>	9:30 Meet/Greet <b>27</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	9:30 Meet/Greet <b>28</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Wesley Fahey	9:30 Meet/Greet <b>29</b> 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Halloween Jingo	9:30 Meet/Greet <b>30</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music Therapy w/David Macintosh	9:30 Meet/Greet <b>31</b> 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Halloween Tea Music by: The Usual Fellows Jazz Band	