



Adult Day Program November — 2025 — Novembre

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1
 2	3 9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	4 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque Atout	5 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Games Room Fun	6 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	7 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling	 8	
 9	10 9:30 Meet/Greet 10:30 Remembrance Day Service 11:30 Brain Games 12:00 Lunch 1:00 Bean Bag Game	11 Centre Closed for Remembrance Day	12 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: George McNaule	13 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	14 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Games Room Fun	 15	
 16	17 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	18 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Anniversary Luncheon (70th) & Music by: Brent Meidinger	19 9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Neil 12:00 Lunch 1:00 Around the House Jingo	20 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Decorating Cupcakes	21 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party TGC Dance Party & Mariola's Retirement	 22	
 23	24 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Fall Bingo	25 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	26 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Drum with William	27 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	28 Centre Closed For Bazaar Set-up	29 TGC Craft Studio Sale & Christmas Bazaar 9:30 am - 2:00 pm	
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