

November 2025

Adult Day Program

670 Albert St. Ottawa, Ontario K1R 6L2



Celebrating November

All Saint's Day

November 1

Remembrance Day

November 11

Homemade Bread Day

November 17

International Men's Day

November 19

Celebrate Your Unique Talent Day

November 24

Adult Day Program Staff

We are just a phone call away!

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Storm Cancellations



A snowstorm is just one kind of winter storm. Winter storms sometimes result in snow days, where the weather event makes travel and exposure to cold air risky for regular daily activities. When the local school buses in Ottawa are cancelled, the in-person Adult Day Program will be cancelled. A program staff will contact you and/or your family early in the morning to advise you and your para booking will be cancelled. Stay safe and comfortable at home.



Remembrance Day

The centre will be closed **Tuesday November 11th** for Remembrance Day, and we will have a ceremony on **Monday November 10th**. Whether you stay home or go to the public celebration, it is time to remember all of the veterans who fought in the wars for our freedom today.

Centre Closure Dates

The centre will be closed **Friday, November 28th** to prepare for the Christmas Bazaar.

We will also be closed **Friday December 5th** for a staff meeting.

Craft Studio Sale & Christmas Bazaar



Join us on **Saturday November 29th 9:30am-2pm** for our annual Craft Studio Sale and Christmas Bazaar. Donations of baked goods to sell at the Bazaar will be accepted. Please ensure to clearly label your baked good items and indication of ingredients, i.e.: contains nuts.

Also join us **Saturday November 15th 10am-2pm** for the Queer Christmas Craft show. Support local artists and businesses while finding something special for a loved one.

Monthly Puzzle



November Birthdays

If you were born between November 1–21, your astrological sign is Scorpio. Scorpions are powerful investigators who keep up on the comings and goings of their peers, take control, and lead the way to success. Those born between November 22–30 are Archers of Sagittarius. Archers are exciting and independent. Their positive attitudes, great sense of humor, and kind hearts make them excellent friends. But get ready for an earful—Archers often also speak their minds.

Cheryl W. – November 3

Donald F. – November 4

Rosalie S. – November 8

Cheryl H. – November 22

Jean L. – November 24

Doreen M. – November 24

Debra S. – November 30

Daylight Saving Time Ends

The clocks go back an hour on **Sunday November 2nd**. Remember to change your clocks and watches before going to bed Saturday, and change the batteries in your smoke alarms.



For Better or For Worse

