



# January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is Served Daily from 11:30 am to 1:00 pm			1	2 Breaded Fish
			<div>Centre closed for the holidays</div>	
5 Chicken Santa Fe	6 Liver and Onions	7 Lemon Pepper Sole	8 Shepherd's Pie	9 Chicken Drumstick
Legal Services	Wellness Clinic		Hair Care	
	Winter Program Registration (10:00 am to 2:00 pm) pm			
12 Farmer Sausage	13 Pasta with Meat Sauce	14 Chicken Teriyaki	15 Thyme Crusted Roast Pork	16 Veal with Mushroom Sauce
	Lecture: Is Your Home Wasting Your Money? 10:30 –11:30 am	Nurse Practitioner	Foot Care	
19 Swedish Meatballs	20 Red Coconut Curry Chicken	21 Hamburg Steak	22 Chicken and Broccoli Casserole	23 Baked Ham
			Foot Care	Happy Birthday Birthday Party
26 Tourtière	27 Honey Garlic Pork	28 Soup and Sandwiches	29 Grilled Sole	30 Pork Chop
		Rabbie Burns Luncheon 12:00 pm (tickets required)	Foot Care	
		Hearing Clinic		