



January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is Served Daily from 11:30 am to 1:00 pm			1  Centre closed for the holidays	2 Breaded Fish
5 Chicken Santa Fe Legal Services 	6 Liver and Onions  Wellness Clinic	7 Lemon Pepper Sole	8 Shepherd's Pie Hair Care 	9 Chicken Drumstick
			Winter Program Registration (10:00 am to 2:00 pm) pm)	
12 Farmer Sausage	13 Pasta with Meat Sauce Lecture: Is Your Home Wasting Your Money? 10:30 –11:30 am	14 Chicken Teriyaki  Nurse Practitioner	15 Thyme Crusted Roast Pork Foot Care 	16 Veal with Mushroom Sauce
19 Swedish Meatballs	20 Red Coconut Curry Chicken	21 Hamburg Steak	22 Chicken and Broccoli Casserole Foot Care 	23 Baked Ham  Birthday Party
26 Tourtière	27 Honey Garlic Pork	28 Soup and Sandwiches Rabbie Burns Lunch-eon 12:00 pm (tickets required)	29 Grilled Sole Foot Care 	30 Pork Chop